



Public Health
Prevent. Promote. Protect.

Sherman County

HEALTH DEPARTMENT

Adult Vaccines: Vaccines You Need

When Do Adults Need Vaccines?

Getting immunized is a lifelong, life-protecting job. Don't leave your healthcare provider's office without making sure you've had all the vaccinations you need.

Var

Chickenpox (varicella)

If you've never had chickenpox or were vaccinated but received only 1 dose, talk to your healthcare provider to find out if you need this vaccine.

[>> learn more](#)

Hib

Haemophilus influenzae type b

Some adults with certain high-risk conditions need vaccination with Hib. Talk to your healthcare provider to find out if you need this vaccine.

[>> learn more](#)

HepA

Hepatitis A

You need this vaccine if you have a specific risk factor for hepatitis A infection or if you simply want to be protected from this disease. The vaccine is usually given in 2 doses, 6 to 18 months apart.

[>> learn more](#)

HepB

Hepatitis B

You need this vaccine if you have a specific risk factor for hepatitis B infection or if you simply want to be protected from this disease. The vaccine is given in 3 doses, usually over 6 months.

[>> learn more](#)

HPV

Human papillomavirus

You need this vaccine if you are a woman age 26 years or younger or a man age 21 years or younger. Other men age 22 through 26 who want to be protected from HPV may receive it, too. Men age 22 through 26 years with a risk condition also need vaccination. Check with your healthcare provider. The vaccine is given in 3 doses over 6 months.

[>> learn more](#)

Flu

Influenza

You need a dose every fall (or winter) for your protection and for the protection of others around you.

[>> learn more](#)

MMR

Measles, Mumps, Rubella

You need at least 1 dose of MMR if you were born in 1957 or later. Many people need a second dose.

[>> learn more:](#) [Measles](#) • [Mumps](#) • [Rubella](#)

MCV/MPSV

Meningococcal

You need this vaccine if you have one of several health conditions, or if you are 19–21 and a first-year college student living in a residence hall and you either have never been vaccinated or were vaccinated before age 16.

[>> learn more](#)

PPSV/PCV

Pneumococcal

Adults age 65 years and older should receive the two types of pneumococcal vaccines (PCV13 and PPSV23). You also need 1–2 doses at an earlier age if you smoke cigarettes or have certain medical conditions. Talk to your healthcare provider to find out when and how often you need to be protected from pneumococcal disease.

[>> learn more](#)

Shingles (zoster)

If you are age 60 years or older, you should get a 1-time dose of this vaccine now.

[>> learn more](#)

Tetanus, Diphtheria, Pertussis (whooping cough)

All adults who have not yet received a dose of Tdap, as an adolescent or adult, need to get Tdap vaccine (the adult whooping cough vaccine). Pregnant women need a dose in every pregnancy. After that, you will need a Td booster dose every 10 years. Consult your healthcare provider if you haven't had at least 3 tetanus- and diphtheria-containing shots sometime in your life or have a deep or dirty wound.

>> learn more: [Tetanus](#) • [Diphtheria](#) • [Whooping cough \(Pertussis\)](#)